



Aleksei Mishin's

High Performance Skating Seminar

May 6-8, 2016
University of Guelph Gryphon Centre



Come and participate in a 2-day seminar with Russian Olympic and World Champion coach, **Aleksei Mishin**, as he demonstrates and shares his techniques, training strategies and skating skills. The seminar will include dry land jump sessions with the best Russian instructor.

You will also have the opportunity to witness the elite Russian team of skaters, including 2015 World Champion, **Elizaveta Tuktamysheva** and up-and-coming phenomenon, **Elizaveta Nugumanova**, showcase their talent and skills during the seminar.



Visit www.guelphskating.ca for details.

Registration opens March 2 and closes April 2. Spaces are limited. First come, first served.

May 6 and 7 (for skaters)

May 8 (for coaches)

Note: CEP points credited (coaches)